

FRANCE

<i>data</i>	<i>nome prova</i>	<i>km / disl. positivo</i>	<i>localita' / zona</i>	<i>sito internet / e-mail</i>
01/03	Trail de Vulcain	80km/3000m/42km/1700m	Volvic(63)Auvergne	http://www.trail-de-vulcain.fr/
03/03	Trail des Merveilles	26km/1450m	Breil sur Roya(06)Cote d'Azur	http://www.aromsazur.com/
09/03	Trail des Cabornis	40km/2000m/20km/1100m	Chasselay(69)	http://www.trail-cabornis.fr/
09/03	Trail de la Sainte Baume	46km/2700m/23km/1350m	Cuges Les Pins(13)Toulon	http://traildelasaintebaume.free.fr/
16/03	Trail du Ventoux	46km/2600m/26km/1200m	Bedoin(84)Avignon	www.trailduventoux.com
23/03	Trail des Piqueurs	47km/2100m/23km/950m	Puy de Dome(63)	http://www.traildespiqueurs.fr/
29/03	Eco Trail de Paris	80km/1500m/50km/1500m	Paris	http://www.traildeparis.com
30/03	Trail de Mirmande	46km/2100m	Mirmande(26)	http://www.trail-mirmande.com/
05/04	Trail des Glaisins	29km/1600m	Annecy(74)	http://usma74.free.fr/
06/07/04	Signes Trail	90km/4500m 2 tappe	Signes(83)Toulon	http://www.signestrail.com/
07/04	Trail de la Sainte Victoire	55km/2400m/35km/1000m	Rousset(13)Marseille	http://www.trailsaintevictoire.fr/
12/04	I'Ultra Trans Ubrac	105km/3700m/52km	Laguiole(12) Aveyron	http://www.action12.fr/
13/04	Grand Defi des Vosges	58km/2000m	Niederbronn(67)Alsace	http://www.lesvosgirunners.com/
13/04	Lyon Urban Trail	36km/1700m	Lyon	www.lyonurbantrail.com
13/04	Trail Drome	37km/1800m/21km/1150m	Buis Les Baronnies(26)	http://www.traildrome.fr/
13/04	Beaujolais Villages Trail	63km/3100m/30km/1250m	Saint Etienne des Oullieres(69)	http://www.beaujolaisvillagestrail.com/
20/04	Trail des Citadelles	70km/3600m/40km/2000m	Lavelanet(09)Pyrenées	http://www.trail-citadelles.com/
26/04	Bretagne Ultratrail	115km/2500m/63km	Guern(56)Bretagne	http://bretagne.ultratrail.free.fr/
27/04	Trail des Balcons d'Azur	79km/3500m/46km/2200m/25km/900m	Cannes(06) Cote d'Azur	www.traildazur.com
02/05	L'Ardechois	98km/4800m/57km/2500m/34km/1500m	Desaignes(07)Ardeche	www.trailardechois.com/
04/05	Nivolet - Revard	51km/2700m/26km/1400m	Voglans(73)Chambery	www.nivoletrevard.fr
04/05	Techni'Trail Tiranges	50km/3000m	Tiranges(43)Haute Loire	www.trailtiranges.net
10/05	L'Ultra Des Coursieres des H. Lyonnais	102km/4030m	Saint Martin en Haut(69)	http://www.coursieresdeshautsdulyonnais.org/
10/11/05	Challenge Drome et Nature	148km/10000m/105km/6000m/65km/4200m	Crest(26)	http://www.challenge-charlesetalice.com/
11/05	Trail de Mimet	42km/2500m/26km/1400m	Mimet(13)Marseille	http://traildemimet.fr/
11/05	Le Trail des Forts de Besançon	46km/2100m/26km/1100m	Besançon(25) Doubs	http://www.traildesforts.com
12/05	Trail du Salève	38km/1900m	Beaumont (74)Geneve	http://lafoulee.athle.com/
17/05	Grand Raid Dentelles Ventoux	100km 5100m/54km/3100m	Gigondas(84) Vaucluse	http://www.astrado.org/
18/05	Trail du Grand Luberon	41km/2200m/25km/1500m	Cabrieres d'Aigues(84)	http://www.trailduluberon.fr/
25/05	Grand Raid 73	73km/5000m/23km/1450m	Cruet(73) Chambery	http://www.grandraid73.fr
25/05	Trail de l'Oisans	50km/3000m/36km/2100m	Ornon(38)	http://trailoisans.free.fr/
30/31/05	Euskal Trails	2 x 50km/5000m	St.Etienne de Baigorri(64)Basques	http://www.euskalraid.fr/
31/05	Chartreuse Maratour	49km/3000m/19km/1500m	Saint Pierre Chartreuse(38)	http://www.stationdetail.com/
31/05	Maxi Race Lac d'Annecy	85km/5500m/36km/2700m	Annecy Le Vieux(74)	www.maxi-race.org
01/06	Le Trail des Maures	45km/2600m	Collobrieres(83) Var	http://www.trail-des-maures.com/
01/06	La Transju'Trail	72km/3200m/36km/1400m	Mouthe(39) Jura	http://www.transjutrail.com/
01/02/06	Grand Raid Occitane	165km/9800m 105km/5800m	Vailhan(34)	www.6666occitane.fr
07/06	Lozeretrail	43km/2300m	Chanac(48)	http://lozeretrail.free.fr
07/06	Trail du Gypaete	74km/4700m/41km/2600m	Thyez(74)	www.traildugypaete.com
08/06	Trail des Allobroges	64km/4700/38km/2200m	Bellevaux(74)	http://trailsdelavalleedubrevon.weebly.com/
08/06	Trail de l'Escalo	25km/1800m	L'Escale(04)Sisteron	http://www.traildelescalo.fr/

14/06	Les Drayes du Vercors	60km/3100m/25km/1100m	La Chapelle Vercors(26) Grenoble	http://www.lesdrayesduvercors.com/
14/15/06	Verdon Canyon Challenge	110km/7000m/60km/4400m	Aiguines(83) A.Maritimes	http://verdoncanyonxtrem.com/
15/06	Trophée de la Meije	43km/3500m/23km/900m	La Grave(05)	www.wix.com/tropheedelameije/tropheedelameije
21/06	Aravistrail	70km/5100m/52km/3900m/20km	Thones(74)	http://www.aravistrail.fr
21/06	Grand Raid Cro-Magnon	135km/7800m	Cap d'Ail(06)	www.cromagnon-extremerace.net
21/06	Grand Trail des Ecrins	80km/4500m/42km/2300m	Vallouise(05) Briançon	http://trail.paysdesecrins.com/
22/06	Samoens Trail	55km/5000m/30km/2200m	Samoens(74)	http://samoens-trailtour.com/
27/29/06	Mt. Blanc Marathon	80km/6000m/42km/25000m	Chamonix(74)	www.montblancmarathon.fr
28/06	Grand Raid du Queyras	132km/8300m/58km/3500m	Aiguilles(05)	http://grandraidqueyras.fr/
28/06	Ultra Trail du Canigou	84km/5400m	La Bastide(66) Pyrenées	http://canigou.aventure.free.fr/
29/06	Grand Duc Chartreuse	80km/4500m	St.Pierre Chart.(38)Grenoble	http://www.grandduc.fr/
05/07	Trail Faverges	44km/2700m/29km/1600m	Faverges(74) Albertville	http://www.trail-faverges.com/
05/07	La Montagn'hard	105km/8800m/60km/5000m/37km/3400m	S.Nicolas de Veroce(74)St.Gervais	http://www.lamontagnhard.fr/
05/07	Kilian's Classic	45km/1800m	Font Romeu(66)Pyrenées	http://www.traildefontromeu.com
05/07	L'Ultra Champsaur	70km/3600m/37km/2200m	Orcieres(05)Hautes Alpes	http://www.ultrachampsaur.com/
06/07	Tour des Glaciers de la Vanoise	73km/3800m/25km/1500m	Pralognan(73) Savoie	http://trailsvanoise.wix.com/pralognan
06/07	Valberg Trail	46km/2700m/20km/1200m	Valberg(06)	http://valbergtrail.com/
12/07	Restonica Trail	110km/7600m/68km 5000m/33km 2500m	Corte (2B) Corse	http://restonicatrail.fr/
12/13/07	UTTJ (Jura)	100km/6500m 2 tappe	Saint Claude(39)Jura	https://sites.google.com/site/utmjura/
13/07	Ice Trail Tarantaise	65km/5000m/32km/2500m	Val 'Isere(73)	http://www.icetrailarentaise.fr/
13/07	Skyrace du Pays des Ecrins	48km/3200m/28km/1900m	L'Argentiere(05)	http://www.trailenbrianconnais.com/
13/07	Les 2 Alpes Raidlight Trail	6h 4km/800m	Les 2 Alpes(38) Grenoble	www.smag-trail.com
19/07	Tour du Beaufortain	103km/6200m	Queige(73)Albertville	www.ultratour-beaufortain.fr
20/07	Interlac Trail	80km/3500m/40km/	Duingt(73)Savoie	http://interlactrail.com/
20/07	Trail des Passerelles du Monteynard	55km/2500m/30km	Monteynard(38)	http://www.trail-passerelles-monteynard.fr/
21/07	Trail du Caroux	34km/2400m/24km/1350m	Mons La Trivalle(34)	www.trailducaroux.com
26/07	La 6000D	60km/4000m	La Plagne(73)Savoie	www.la6000D.com
27/07	Grande Traversée des Melezes	46km/2750m	Allos(04)	www.traildesmelezes.fr
27/07	Trail du Tour des Fiz	63km/5000m/30km/2400m	Passy(74) St.Gervais	www.traildoutourdesfiz.com
27/07/01/08	Le Defi de l'Oisans	180km/12000m 8 tappe	Les 2 Alpes(38) Grenoble	http://www.smag-trail.com/
02/08	La Roger Frison Roche	37km/2400m	Beaufort(73)Savoie	http://www.areches-beaufort.com/
03/08	Trail Via Romana	62km/4500m/40km/2500m	Carpineto(2B) Corse	http://www.trail-viaromana.com/
03/08	Courchevel X Trail	54km/4400m/33km/2200m	Courchevel(73)Savoie	http://www.courchevel.com/xtrail/
03/08	Championnat du Canigou	34km/2200m	Vernet Les Bains(66)Pyrenées	http://www.courseducanigou.com/
03/08	Vars Mountain Trail	42km/3200m	Vars(05)Hautes Alpes	www.vars.com
03/08	Trail Cenis Tour	73km/4300m/50km/2600m/30km/1600m	Lanslebourg((73)Savoie	www.trailcenistour.com
03/08	Le Trail de l'Etendard	63km/4100m	Bourg d'Oisans(38)Grenoble	http://www.saintsorlindarves.com/
10/08	Trail Ubaye Salomon	42km/2500m/21 km/1000m	Barcelonnette(04)Alp. H.Provence	http://www.trailubayesalomon.com/
16/08	Marathon du Montcalm	65km/3700m/42km/2600m	Auzat(09) Pyrenées	www.pays-du-montcalm.com
17/08	Trail du Galibier	45km/2600m/21 km/1600m	Valloire(73)	www.traildugalibier.com
22/24/08	Grand Raid Pyrenées	160km/10000m/80km/5000m	Vielle-Aure(65)	http://www.grandraidpyrenees.com/
22/24/08	Ultra Tour des 4 Massifs	160km/10000m/90km/4500m/40km/2550m	Grenoble(38)	http://ut4m.fr/
24/08	Trail de la Grande Casse	63km/3800m	Pralognan(73) Savoie	http://trailsvanoise.wix.com/pralognan
27/08	Sur les Traces des Ducs de Savoie	120km/7100m	Chamonix(74)	www.ultratrailmb.com

28/08	Orciers Champex Chamonix	53km/3300m	Chamonix(74)	www.ultraultraimb.com
29/08	L'Echappée Belle	140km/10000m/85km/5800m	Vizille(38)	http://www.lechappeebelledonne.com/
30/08	Courmayeur Champex Chamonix	101km/6100m	Chamonix(74)	www.ultraultraimb.com
31/08	Ultra Trail du Tour du Mont Blanc	168km/9600m	Chamonix(74)	www.ultraultraimb.com
06/09	Ultra Trail Vercors	85km/4500m	Lans en Vercors(38)	www.ultraultraimbecors.com
14/09	Serre Che Trail Salomon	48km/4000m/27km/1800m	Monetier Les Bains(05)Briançon	www.trail-serre-chevalier.com
21/09	Ecotrail de Sommand	50km/3750m/20km/1800m	Sommand(74)	www.ecotrail.fr
21/09	Le Trail des Alpes Maritimes	45km/2700m/25km/1400m	Sospel(06)	http://www.trail06.com/
22/09	Trail d'Albertville	42km/3700m	Albertville(74)	http://www.trail-albertville.fr/
27/09	Le Grand Trail du Saint-Jacques	70km/1600m/50km/29km	Puy en Velay(43)	www.trailsaintjacques.com
28/09	Trail des Aiguilles Rouges	50km/4000m	Chamonix(74)	www.aiguillesrouges.fr
05/10	Gapen'Cimes	59km/3300m/25km/1500m	Gap(05)	http://www.gap-trail-nature.com/
05/10	Trail des Glières	50km 3000m/22km/1400m	Glières(74)	http://www.traildesglieres.com/
11/10	100 Miles Sud de France	167km/7600m/110km/5000m	Font Romeu(66)Pyrénées	www.100miles-suddefrance.com
12/10	Trail de Gorbio	42km/2800m/16km	Gorbio(06) A.Maritimes	www.asgorbio.com
12/10	Trail du Cousson	44km/2200m	Digne(04)	www.trailducousson.fr
23/26/10	La Diagonale des Fous	163km/9900m/93km/5200m	La Réunion	www.grandraid-reunion.com
25/27/10	Endurance Ultratrail & Templiers	106km/4500m/70km/3000m/40km/1400m	Nant(12) Montpellier	http://www.festivaldestempliers.com/
25/10/02/11	Corsica Coast Race	170km/7300m 6 tappe	Bastia(2B) Corse	http://www.corsicacoastrace.com/
07/12	Saintelyon	75km/1500m	Saint Etienne(42)	http://www.saintelyon.com

ANDORRA

11/13/07	Andorra Ultratrail	170km/13000m/112km/9700m/40km/2900m	Andorra	www.andorraultraultraultra.org
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SUISSE

data	nome prova	km / dist. positivo	localita'	sito internet / e-mail
18/05	Trail Vallée de Joux	56km/2700m/35km/1600m/20km/800m	Vallorbe (Jura)	www.trailvalleedejoux.ch
08/06	Trail des Paccots	42km/3000m/27km/1800m	Chatel St. Denis	http://www.traildespaccots.ch/
14/06	LGT Alpin Marathon	42km/1800m	Bendern (Liechtenstein)	www.lgt-alpin-marathon.li/
14/06	Defi de Val de Travers	75km/3000m/42km/1400m	Couvet Neuchatel	www.defi-vdt.ch
28/06	Graubuenden Marathon	42km/2700m	Lenzerheide (Chur) Grigioni	www.graubuenden-marathon.ch
29/06	Aletsch Half Marathon	21km/1050m	Bettmeralp	http://www.aletsch-halbmarathon.ch/
05/07	Zermatt Marathon	45km/2500m	Zermatt	http://www.zermattmarathon.ch/
12/07	Trail Verbier Saint Bernard	110km/8600m/61km/4000m	Verbier Valais	http://www.trailvsb.com/
19/07	Eiger ultra Trail	101km/6700m/51km/3100m/	Grindelwald	http://www.eigerultratrail.ch
26/07	Swiss Alpine Marathon	78km/2300m/42km/1900m	Davos Grigioni	www.swissalpine.ch
26/07	Trail du Velan	45km/3600m	Bourg St. Pierre	http://trail.crossduvelan.ch/
02/03/08	Trophée des Combins	7,3 km/1200m crono	Fionnay Valais	http://www.combin.ch/
02/03/08/	Gondo Event	84km/4000m 2 tappe	Gondo	www.gondoevent.ch
08/09/08	Trail Ticino	133km/9700m/56km/4400m	Airolo	http://www.trail-ticino.ch
09/08	Glacier 3000 Run	26km/1900m	Gstaad(Berna)	http://www.glacier3000.ch
10/08	Sierre Zinal	31km/2000m	Sierre Valais	www.sierre-zinal.com
16/08	Mountainman	80km/5000m/42km/2500m	Engelberg	http://www.themountainman.ch/
23/08	Inferno Halbmarathon	21,1km/2000m	Lauterbrunnen Interlaken	www.inferno.ch
23/08	Matterhorn Ultraks	46km/3600m/30km/2000m	Zermatt	http://www.ultraks.com
30/31/08	Baechli Sardona Ultra Trail	80km/6400m/38km/3300m/21km/1600m	Bad Regaz	http://www.sardona-ultratrail.com/
13/09	Jungfrau Marathon	42km/1829m	Interlaken Oberland Bernese	http://www.jungfrau-marathon.ch/
21/09	Fully Sorniot	8km/1600m	Fully Valais	www.fully-sorniot.ch
27/09	Humani'Trail des Diablerets	54km/3600m	Le Diablerets	www.humanitrail.com